

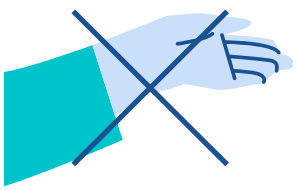
# NEWPORT BEACH AWARE



PARTICIPANT GUIDELINES SO YOU CAN **BE AWARE** OF CURRENT RECOMMENDATIONS DESIGNED TO HELP AVOID THE SPREAD OF COVID-19.

## GOOD HYGIENE

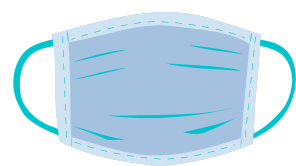
You can help reduce the spread of viruses and germs by practicing good hygiene. Here are some reminders:



**Use no-contact greetings.** Avoid handshakes, high-fives or fist bumps. **Waves, cheers, fist pumps all encouraged!**



Clean hands at the start and end of any program and **regularly wash your hands** for 20 seconds using soap & water. If not available, use hand sanitizer with a minimum 60% alcohol content.

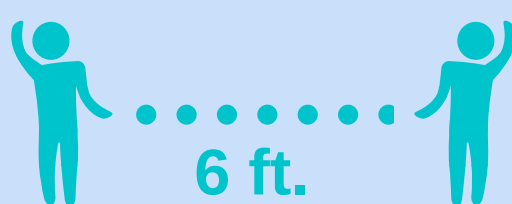


**Face coverings** should be worn by unvaccinated people when indoors, including program participants 12 years and younger. **This applies to staff, instructors, participants, and spectators unless there is specific guidance to suggest otherwise, ie. youth & adult sports.**



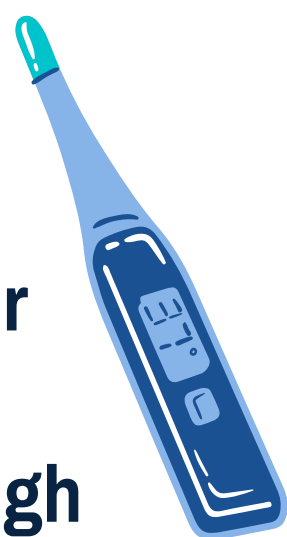
**Avoid touching your face** and cover your coughs and sneezes.

**Physical Distance.** A minimum of 6 feet of space between participants is recommended when possible. Cohorts are no longer required.



## STAY HOME if...

- You are **feeling sick**.
- You have a **sick family member** at home.
- You are considered to be in a **high risk** group.
- You have a temperature of **100.4** or more



Staff, instructors, and participants are advised not to return to a program until they have met CDPH criteria to discontinue **home isolation**. Refer to [bit.ly/3hBPPij](https://bit.ly/3hBPPij) for more information.

## SHARING



If sharing of equipment, supplies, and surfaces is involved, instructors will encourage good hand hygiene is practiced (**washing with soap & water or using an alcohol-based hand sanitizer**) and equipment is routinely sanitized.

**Notice:** Programs may be cancelled if a participant or staff member tests positive for COVID-19.

## EXPECTATIONS

What you can expect from City staff and instructors to ensure you have a safe experience and what you can do to help.



Instructors & staff will routinely **disinfect high-traffic surfaces** like doorknobs, tables, and equipment.

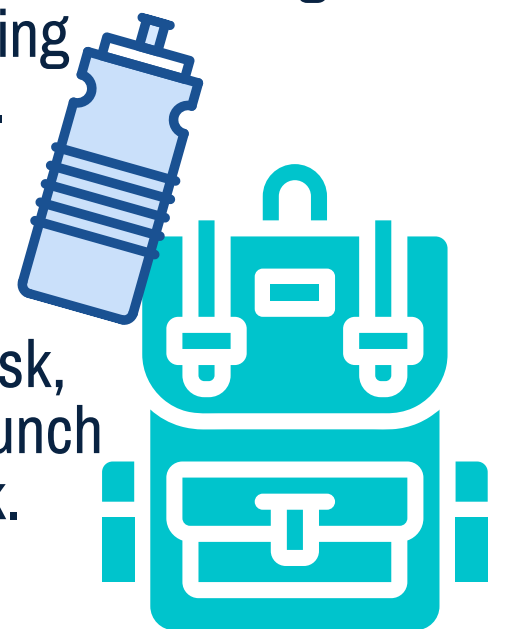


**Maximize ventilation** by opening windows, adjusting air conditioning, or shifting activities outdoors when possible.



**Equipment.** Participants should come prepared with their own mask and any PPE that would help you feel safe. We encourage you to bring a personal hand sanitizer, too.

**Personal belongings.** You are encouraged to pre-label and minimize sharing your belongings with others. Participants should bring individual supplies including: reusable water bottle, sunscreen, mask, hand sanitizer, disposable lunch and/or snack, and backpack.



## We're all in this together.

City staff will remain available to answer your questions to the best of our abilities.



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**General:** [newportbeachca.gov/recreation](https://newportbeachca.gov/recreation)

**Virtual Programming:** [newportbeachca.gov/ORC](https://newportbeachca.gov/ORC)

**Camps:** [campnewport.com](https://campnewport.com)



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We will continue to monitor for updated guidelines & modify practices as needed. Sources: the Center for Disease Control (CDC), State of California, & County of Orange.