

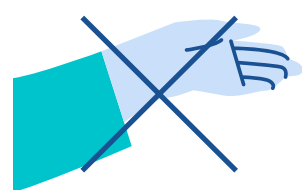
# NEWPORT BEACH AWARE



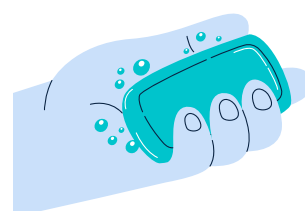
PARTICIPANT GUIDELINES SO YOU CAN BE AWARE OF CURRENT RECOMMENDATIONS DESIGNED TO HELP AVOID THE SPREAD OF COVID-19.

## GOOD HYGIENE

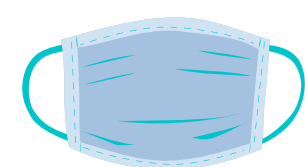
You can help reduce the spread of COVID-19 and germs by practicing good hygiene. Here are some reminders:



**No-contact greetings.** Avoid handshakes, high-fives or fist bumps. **Waves, cheers, fist pumps all encouraged!**



Clean hands at the start and end of any program and **regularly wash your hands** for 20 seconds using soap & water. If not available, use hand sanitizer with a minimum 60% alcohol content.



**Face coverings** should be worn when social distancing is not possible. **For example, during check-in/out or during close instruction.**



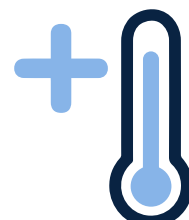
**Avoid touching your face** and cover your coughs and sneezes.

**Physical Distance.** A minimum of 6 feet of space between participants should be maintained whenever possible. *Group sizes will be 1:10 or less.*



## EXPECTATIONS

What you can expect from City staff and instructors to ensure you have a safe experience and what you can do to help.



Instructors will **take temperatures** daily using a no-contact thermometer & monitor for symptoms of illness.



Instructors & staff will routinely **disinfect high-traffic surfaces** like doorknobs, tables, and equipment.

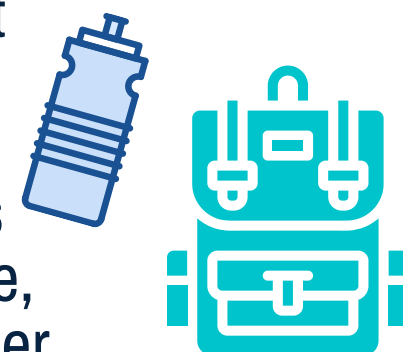


Activities on City property will be conducted **outdoors.**



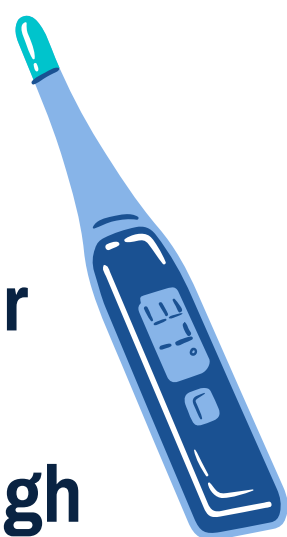
**Equipment.** Participants should come prepared with their own mask and any PPE that would help you feel safe. We encourage you to bring a personal hand sanitizer, too.

**Belongings.** All personal belongings should be pre-labeled, spaced 6+ feet apart & avoid contact with all shared surfaces. Participants should bring personal supplies including: reusable water bottle, sunscreen, mask, hand sanitizer, disposable lunch/snack, & backpack.



## STAY HOME if...

- You are **feeling sick.**
- You have a **sick family member** at home.
- You are considered to be in a **high risk** group.
- You have a temperature of **100.4** or more



*Staff, instructors, and participants are advised not to return to a program until they have met CDPH criteria to discontinue home isolation. Refer to [bit.ly/3hBPPij](https://bit.ly/3hBPPij) for more information.*



**SHARING** Avoid sharing equipment, supplies, food, & surfaces.

**Notice:** Programs may be cancelled if a participant or staff member tests positive for COVID-19.



## We're all in this together.

City staff will remain available to answer your questions to the best of our abilities.



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**General:** [newportbeachca.gov/recreation](https://newportbeachca.gov/recreation)  
**Virtual Programming:** [newportbeachca.gov/ORC](https://newportbeachca.gov/ORC)  
**Camps:** [campnewport.com](https://campnewport.com)



@CITYOFNEWPORTBEACH

As we reopen, we will continue to monitor for updated guidelines & modify practices as needed. Sources: the Center for Disease Control (CDC), State of California, & County of Orange.