

OASIS SENIOR CENTER PRESENTS:



RESILIENCE & DEALING WITH DIFFICULT PEOPLE

**Presented by Alan Levy, PhD
Clinical Psychologist**

**Tuesday, July 30, 2019
2:00 pm - Room 1**

This musically-illustrated presentation is designed to enhance your ability to be more thoughtful, open, and resilient even while navigating life with difficult people. You will learn about the six important aspects of self-assertion which invite more loving and respectful connections with others.

Please RSVP to 949-644-3244 or
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