

# 2019

## Part Time Employee Benefits Overview



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**Medicare Part D Notice:** If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a federal law gives you more choices about your prescription drug coverage. Please see the Annual Notices on page 17 for more details.

# Welcome to the City of Newport Beach



At the City of Newport Beach, we value your contributions to our success and want to provide you with a benefits package that protects your health and helps your financial security, now and in the future. We continually look for valuable benefits that support your needs, whether you are single, married, raising a family, or thinking ahead to retirement. We are committed to giving you the resources you need to understand your options and how your choices could affect you financially.

This guide is an overview and does not provide a complete description of all benefit provisions. For more detailed information, please refer to your plan benefit booklets or summary plan descriptions (SPDs). The plan benefit booklets determine how all benefits are paid.

A list of plan contacts is included at the back of this guide.

**The benefits in this summary are effective:**

**January 1, 2019 - December 31, 2019**

# Open Enrollment Period

This booklet will give you information about the benefits which are available to you. Please read the information carefully. To help you make important decision about your benefits. Human Resources is available to answer any questions.

## Open Enrollment

Beginning on Monday, September 10, 2018 and lasting through Friday, October 5, 2018, all plan participants will be eligible to participate in the annual Open Enrollment period. During Open Enrollment, you will be able to change group medical plans and add/or drop dependent coverage.

Your new plan benefits will be effective January 1, 2019 and will run through December 31, 2019. In order to ensure a smooth implementation, you must make your changes through the Employee Self Service (ESS) no later than midnight on October 5, 2018. The opt-out waivers are due by 4:30pm on October 5, 2018. Proof of group coverage is due to Human Resources by December 7, 2018.

Please call Human Resources if you have any questions at (949) 644-3294 or email, [HRBenefit@newportbeachca.gov](mailto:HRBenefit@newportbeachca.gov).

## Helpful Hints

Read through this guide to familiarize yourself with what decisions you have to make. Think about your current benefit plans. Are they still working for you? Have you experienced any changes or do you anticipate any that might make a different plan more suitable?

Gather additional information. Use the websites and phone numbers on page 15 to see which doctors and other healthcare providers you can use under the different plan choices. If you have dependents on your plan that live out of state, check on provisions for coverage of members away from home.



# Dependent Eligibility Verification

All employees adding/removing dependents must submit documentation to verify their dependent's eligibility and/or qualifying life event. The following chart is an easy guide to what documents must be submitted along with the health enrollment/change form.

|                                  | Enrollment Form Required | Marriage Certificate Required | State of California Domestic Partner (DP) Registration | Birth Certificate/Certificate of Adoption Required | Social Security Number |
|----------------------------------|--------------------------|-------------------------------|--|--|------------------------|
| Employee only                    | •                        |                               |  |  |                        |
| Employee & Spouse                | •                        | •                             |  |  | •                      |
| Employee & Domestic Partner (DP) | •                        | •                             | •  |  | •                      |
| Employee & Children              | •                        |                               |  | •  | •                      |
| Employee, Spouse/DP & Children   | •                        | •                             | •  | •  | •                      |

You are responsible for ensuring that the health enrollment information about you and your family members is accurate, and for reporting any changes in a timely manner. If you fail to maintain current and accurate health enrollment information, you may be liable for the reimbursement of health premiums of health care services incurred during the entire ineligibility period.

For example, if your divorce or dissolution occurred in 2018, yet you did not report it until 2019, your former spouse or domestic partner will be retroactive canceled from coverage effective the first of the month following the divorce or dissolution.

On page 5 you will find a detailed list of qualifying life events, which must be reported to the HR department so we can make the appropriate change to your health coverage. **Qualifying life events changes must be made within 60 days from the date of the event.** Proper documentation is required, such as a copy of the marriage/domestic partnership certificate, birth/adoption certificate, or divorce/dissolution of domestic partnership decree.

## When You Can Make Changes

Qualifying life events include:

- Change in legal marital status, including marriage, divorce, legal separation, annulment, dissolution of domestic partnership, and death of a spouse.
- Change in number of dependents, including birth, adoption, placement for adoption, or death of a dependent child,
- Change in employment status, including the start or termination of employment by you, your spouse, or your dependent child,
- Change in work schedule, including an increase or decrease in hours of employment by you, your spouse, or your dependent child, including a switch between part-time and full-time employment that affects eligibility for benefits,
- Change in a child's dependent status, either newly satisfying the requirements for dependent child status or ceasing to satisfy them,
- Change in your health coverage or your spouse's coverage attributable to your spouse's employment,
- Change in an individual's eligibility for Medicare or Medicaid,
- A court order resulting from a divorce, legal separation, annulment, or change in legal custody (including a Qualified Medical Child Support Order) requiring coverage for your child or dependent foster child, and
- An event that is a qualifying life event under the Health Insurance Portability and Accountability Act (HIPAA), including acquisition of a new dependent or spouse or loss of coverage under another health insurance policy or plan if the coverage is terminated because of:
  - Voluntary or involuntary termination of employment or reduction in hours of employment or death, divorce, or legal separation;
  - Termination of employer contributions toward the other coverage, OR if the other coverage was COBRA Continuation Coverage, exhaustion of the coverage.

Other than during the annual Open Enrollment period, you may not change your coverage unless you experience a qualifying life event.

**Important—Two rules apply to making changes to your benefits, including Flexible Spending Account and Dependent Care Account during the year:**

- Any changes you make must be consistent with the change in status, AND
- You must make the changes within 60 days of the date the event occurs.

If you make mid-year changes to your insurance (adding/dropping dependents), contact Human Resources and provide supporting documents within 60 days of the change in status.

# Medical Benefits

The goal of the City of Newport Beach is to provide you with affordable, quality health care benefits. Our medical benefits are designed to help maintain wellness and protect you and your family from major financial hardship in the event of an illness or injury. The City offers a choice of medical plans through CalPERS medical Program.

**Anthem Blue Cross, Blue Shield, HealthNet, Kaiser Permanente, and United Healthcare and Sharp**

## Health Maintenance Organization (HMO)

Under the HMO plans, most services and medicines are covered with a small copayment. You select a Primary Care Physician (PCP) to coordinate your care. You have a choice between the CalPERS Anthem Blue Cross Select, Anthem Blue Cross Traditional, Blue Shield Access+, Health Net SmartCare, Kaiser Permanente, United Healthcare Alliance HMO plans and Sharp.

## Anthem Blue Cross

### Preferred Provider Organization (PPO)

The Anthem Blue Cross PPO plan is designed to provide choice, flexibility and value. The PPO plan is a managed care organization of medical doctors, hospitals, and other health care providers who have contracted with the Anthem Blue Cross to provide health care at reduced rates to you. Participants have a choice of using network providers or going directly to any other physician (non-network provider) without a referral. There is an annual deductible to meet before benefits apply. You are also responsible for a certain percentage of the charges (coinsurance), and the plan pays the balance up to the agreed upon amount. You have a choice between the CalPERS Anthem Blue Cross—PERS Choice, PERS Select and PERSCare.

**In order to ensure a smooth implementation, you must make your changes through Employee Self Service (ESS) no later than midnight on October 5<sup>th</sup> 2018. The opt-out waivers are due by 5:00pm on October 5<sup>th</sup> 2018.**

| Why Would I Choose the PPO Plan?   | Why Would I Not Choose the PPO Plan?   |
|--|--|
| <ul style="list-style-type: none"><li>* You have a doctor you like and you would like to keep this doctor.</li><li>* You want to see specialists and other providers without having to first get a referral and/or pre-approval.</li><li>* You want the freedom to see providers who are not in the network.</li><li>* You are confident that you can manage your own care.</li><li>* You do not want a primary care doctor.</li></ul> | <ul style="list-style-type: none"><li>* You don't want the extra responsibility of managing your own care.</li><li>* PPOs are not as closely regulated by the government as HMOs.</li><li>* You do not want to pay the higher costs of a PPO.</li><li>* You do not want to get bills from providers.</li></ul> |

# 2019 CalPERS Basic Medical Plans



Medical coverage provides you with benefits that help keep you healthy, like preventive care screenings and access to urgent care. It also provides important financial protection if you have a serious medical condition. City of Newport Beach provides you with comprehensive coverage through Cal Pers.

## Anthem, Blue Shield, Health Net, Sharp and UnitedHealth Care HMO Plans

| In-Network                                 |   |
|--|---|
| <b>Annual Deductible</b>                   | None  |
| <b>Annual Out-of-Pocket Max</b>            | \$1,500 individual<br>\$3,000 family              |
| <b>Lifetime Max</b>                        | Unlimited   |
| <b>Office Visit</b>                        |   |
| Primary Provider                           | \$15 copay  |
| Specialist                                 | \$15 copay  |
| <b>Preventive Services</b>                 | Plan pays 100%                                    |
| <b>Chiropractic Care &amp; Acupuncture</b> | \$15 copay (20 visits per calendar year combined) |
| <b>Durable Medical Equipment</b>           | No Charge   |
| <b>Lab and X-ray</b>                       | No Charge   |
| <b>Inpatient Hospitalization</b>           | No Charge   |
| <b>Urgent Care</b>                         | \$15 copay  |
| <b>Emergency Room</b>                      | \$50 copay (copay waived if admitted)             |
| <b>Prescription</b>                        | 30-day supply <sup>4</sup>                        |
| Generic                                    | \$5 copay   |
| Brand                                      | \$20 copay  |
| Non-formulary                              | \$50 copay  |
| <b>Mail Order</b>                          | 90-day supply                                     |
| Generic                                    | \$10 copay  |
| Brand                                      | \$40 copay  |
| Non-formulary                              | \$100 copay                                       |

# 2019 CalPERS Basic Medical Plans, continued

Medical coverage provides you with benefits that help keep you healthy, like preventive care screenings and access to urgent care. It also provides important financial protection if you have a serious medical condition. City of Newport Beach provides you with comprehensive coverage through Cal Pers.

## Kaiser HMO Plan

| In-Network                                 |   |
|--|---|
| <b>Annual Deductible</b>                   | None  |
| <b>Annual Out-of-Pocket Max</b>            | \$1,500 individual<br>\$3,000 family              |
| <b>Lifetime Max</b>                        | Unlimited   |
| <b>Office Visit</b>                        |   |
| Primary Provider                           | \$15 copay  |
| Specialist                                 | \$15 copay  |
| <b>Preventive Services</b>                 | Plan pays 100%                                    |
| <b>Chiropractic Care &amp; Acupuncture</b> | \$15 copay (20 visits per calendar year combined) |
| <b>Durable Medical Equipment</b>           | No Charge   |
| <b>Lab and X-ray</b>                       | No Charge   |
| <b>Inpatient Hospitalization</b>           | No Charge   |
| <b>Outpatient Surgery</b>                  | \$15 copay  |
| <b>Urgent Care</b>                         | \$15 copay  |
| <b>Emergency Room</b>                      | \$50 copay (copay waived if admitted)             |
| <b>Prescription</b>                        | 30-day supply                                     |
| Generic                                    | \$5 copay   |
| Brand                                      | \$20 copay  |
| Non-formulary                              | N/A   |
| <b>Mail Order</b>                          | 31-100 day supply                                 |
| Generic                                    | \$10 copay  |
| Brand                                      | \$40 copay  |
| Non-formulary                              | N/A   |

# 2019 CalPERS Basic Medical Plans, continued

The PERS Select Basic PPO plan will adopt a value-based insurance design. The approach aims to improve quality and lower costs associated with health care by emphasizing primary care and introducing cost incentives to lower deductibles. See CalPERS website for more information.

## CalPERS Select PPO\*

|  | In-Network  | Out-Of-Network  |
|--|---|---|
| <b>Annual Deductible</b>                   | \$1,000 individual<br>\$2,000 family                                      | \$1,000 individual<br>\$2,000 family                      |
| <b>Annual Out-of-Pocket Max</b>            | \$3,000 individual<br>\$6,000 family                                      | N/A   |
| <b>Lifetime Max</b>                        | Unlimited   | Unlimited   |
| <b>Office Visit</b>                        |   |   |
| Primary Provider                           | \$35 copay  | You pay 40% after deductible                              |
| Specialist                                 | \$35 copay  | You pay 40% after deductible                              |
| <b>Preventive Services</b>                 | No charge   | You pay 40% after deductible                              |
| <b>Chiropractic Care &amp; Acupuncture</b> | \$15 copay (combined 20 visits per year)                                  | You pay 40% after deductible                              |
| <b>Lab and X-ray</b>                       | You pay 20% after deductible  | You pay 40% after deductible                              |
| <b>Durable Medical Equipment</b>           | You pay 20% (Pre-certification required)                                  | You pay 40% after deductible (Pre-certification required) |
| <b>Inpatient Hospitalization</b>           | You pay 20% after deductible<br>20%-30% (PERS Select only) Hospital Tiers | You pay 40% after deductible                              |
| <b>Urgent Care</b>                         | \$35 copay  | You pay 40% after deductible                              |
| <b>Emergency Room</b>                      | \$50 copay then you pay 20% after deductible                              | \$50 copay then plan pays 80% after deductible            |
| <b>Prescription</b>                        | 30 day-day supply <sup>1,2,3</sup>  | 30 day-day supply <sup>1,2,3</sup>                        |
| Generic                                    | \$5 copay   | \$5 copay   |
| Brand                                      | \$20 copay  | \$20 copay  |
| Non-formulary                              | \$50 copay  | \$50 copay  |
| <b>Mail Order</b>                          | 90-day supply   | 90-day supply   |
| Generic                                    | \$10 copay  | \$10 copay  |
| Brand                                      | \$40 copay  | \$40 copay  |
| Non-formulary                              | \$100 copay   | \$100 copay   |

# 2019 CalPERS Basic Medical Plans, continued

Here is an overview of our CalPERS Select PPO & PERSChoice PPO

## PERSChoice PPO\*

|                                  | In-Network  | Out-Of-Network  |
|----------------------------------|---|---|
| <b>Annual Deductible</b>         | \$500 individual<br>\$1,000 family  | \$500 individual<br>\$1,000 family  |
| <b>Annual Out-of-Pocket Max</b>  | \$3,000 per individual<br>\$6,000 per family                              | None  |
| <b>Lifetime Max</b>              | Unlimited   | Unlimited   |
| <b>Office Visit</b>              |   |   |
| Primary Provider                 | \$20 copay  | You pay 40% after deductible  |
| Specialist                       | \$35 copay  | You pay 40% after deductible  |
| <b>Preventive Services</b>       | plan pays 100%  | You pay 40% after deductible  |
| <b>Chiropractic Care</b>         | \$15 copay (combined 20 visits per year)                                  | You pay 40% after deductible  |
| <b>Lab and X-ray</b>             | You pay 20% after deductible  | You pay 40% after deductible  |
| <b>Durable Medical Equipment</b> | You pay 20% (Pre-certification required)                                  | You pay 40% after deductible (Pre-certification required)                 |
| <b>Inpatient Hospitalization</b> | You pay 20% after deductible<br>20%-30% (PERS Select only) Hospital Tiers | You pay 40% after deductible  |
| <b>Urgent Care</b>               | \$35 copay  | You pay 40% after deductible  |
| <b>Emergency Room</b>            | \$50 copay then you pay 20% after deductible (copay waived if admitted)   | \$50 copay then plan pays 80% after deductible (copay waived if admitted) |
| <b>Prescription</b>              | 30 day-day supply <sup>1,2,3</sup>  | 30 day-day supply <sup>1,2,3</sup>  |
| Generic                          | \$5 copay   | \$5 copay   |
| Brand                            | \$20 copay  | \$20 copay  |
| Non-formulary                    | \$50 copay  | \$50 copay  |
| <b>Mail Order</b>                | 90-day supply   | 90-day supply   |
| Generic                          | \$10 copay  | \$10 copay  |
| Brand                            | \$40 copay  | \$40 copay  |
| Non-formulary                    | \$100 copay   | \$100 copay   |

\*Administered by Blue Cross. <sup>1</sup>OptumRX provides prescription drug benefit management services for PERS Select, Choice & Care. These services include administration of the Retail Pharmacy Program and the Mail Service Program; delivery of specialty pharmacy products such as biotechs and injectables; clinical pharmacist consultation; and clinical collaboration with your physician to ensure you receive optimal total healthcare. <sup>2</sup>Mandatory generic substitution; if a brand name is requested when generic is available you will be responsible for generic copay and the difference between the generic and brand name. <sup>3</sup>Self-administered injectable medications are available under your pharmacy benefits and are no longer payable under the medical benefit. <sup>4</sup>Mandatory mail service for maintenance drugs. Mail Service would be mandatory after the 2<sup>nd</sup> fill of RX at retail pharmacy, OR Member will be charged the appropriate mail service copay for a one-month supply at retail. These benefit summaries only highlight your benefits. They are not summary plan descriptions (SPDs). If any discrepancy exists between this summary and the official documents, the official documents will prevail.

# 2019 CalPERS Basic Medical Plans, continued

Here is an overview of our CalPERS PERSCare.

## CalPERS PERSCare PPO\*

|                                  | In-Network  | Out-Of-Network   |
|----------------------------------|---|--|
| <b>Annual Deductible</b>         | \$500 individual<br>\$1,000 family                                      | \$500 individual<br>\$1,000 family                           |
| <b>Annual Out-of-Pocket Max</b>  | \$2,000 individual<br>\$4,000 family                                    | N/A  |
| <b>Lifetime Max</b>              | Unlimited   | Unlimited  |
| <b>Office Visit</b>              |   |  |
| Primary Provider                 | \$20 copay  | You pay 40% after deductible                                 |
| Specialist                       | \$35 copay  | You pay 40% after deductible                                 |
| <b>Preventive Services</b>       | No charge   | You pay 40% after deductible                                 |
| <b>Chiropractic Care</b>         | \$15 copay (up to 20 visits per year)                                   | You pay 40% after deductible                                 |
| <b>Lab and X-ray</b>             | You pay 10% after deductible  | You pay 40% after deductible                                 |
| <b>Durable Medical Equipment</b> | You pay 10% (Pre-certification required)                                | You pay 40% after deductible (Pre-certification required)    |
| <b>Inpatient Hospitalization</b> | \$250 admission + You pay 10% after deductible                          | \$250 admission + You pay 40% after deductible               |
| <b>Urgent Care</b>               | \$35 copay  | You pay 40% after deductible                                 |
| <b>Emergency Room</b>            | \$50 copay then you pay 20% after deductible (copay waived if admitted) | You pay 10% after \$50 deductible (copay waived if admitted) |
| <b>Prescription</b>              | 30 day-day supply <sup>1,2,3</sup>                                      | 30 day-day supply <sup>1,2,3</sup>                           |
| Generic                          | \$5 copay   | \$5 copay  |
| Brand                            | \$20 copay  | \$20 copay   |
| Non-formulary                    | \$50 copay  | \$50 copay   |
| <b>Mail Order</b>                | 90-day supply   | 90-day supply  |
| Generic                          | \$10 copay  | \$10 copay   |
| Brand                            | \$40 copay  | \$40 copay   |
| Non-formulary                    | \$100 copay   | \$100 copay  |

# 2019 Monthly Premium Rates - Active

Other Southern California Region – Orange, Riverside, San Diego, Fresno, Imperial, Inyo, Kern, Kings, Madera, San Luis Obispo, Santa Barbara and Tulare Counties:

## PERS HMO Plans

| Medical Plan               | Single   | 2-Party    | Family     |
|----------------------------|----------|------------|------------|
| Anthem Select HMO          | \$625.07 | \$1,250.14 | \$1,625.18 |
| Anthem Traditional HMO     | \$830.89 | \$1,661.78 | \$2,160.31 |
| Blue Shield Access+ HMO    | \$760.04 | \$1,520.08 | \$1,976.10 |
| Health Net Salud y Mas HMO | \$427.81 | \$855.62   | \$1,112.31 |
| Health Net SmartCare HMO   | \$642.71 | \$1,285.42 | \$1,671.05 |
| Kaiser (CA) HMO            | \$628.63 | \$1,257.26 | \$1,634.44 |
| Sharp HMO                  | \$593.66 | \$1,187.32 | \$1,543.52 |
| UnitedHealthcare HMO       | \$646.65 | \$1,293.30 | \$1,681.29 |

## PERS PPO Plans

| Medical Plan    | Single   | 2-Party    | Family     |
|-----------------|----------|------------|------------|
| PERS Choice PPO | \$721.11 | \$1,442.22 | \$1,874.89 |
| PERS Select PPO | \$462.71 | \$925.42   | \$1,203.05 |
| PERS Care PPO   | \$907.29 | \$1,814.58 | \$2,358.95 |

# 2019 Monthly Premium Rates - Active

## Los Angeles Area – Los Angeles, San Bernardino and Ventura Counties:

You may choose from one of the following plans if you reside in one of the Los Angeles Area counties AND wish to receive your medical services in the same county.

### PERS HMO Plans

| Medical Plan               | Single   | 2-Party    | Family     |
|----------------------------|----------|------------|------------|
| Anthem Select HMO          | \$627.07 | \$1,254.14 | \$1,630.38 |
| Anthem Traditional HMO     | \$878.48 | \$1,756.96 | \$2,284.05 |
| Blue Shield Access+ HMO    | \$669.75 | \$1,339.50 | \$1,741.35 |
| Health Net Salud y Mas HMO | \$356.50 | \$713.00   | \$926.90   |
| Health Net SmartCare HMO   | \$584.27 | \$1,168.54 | \$1,519.10 |
| Kaiser (CA) HMO            | \$618.64 | \$1,237.28 | \$1,608.46 |
| UnitedHealthcare HMO       | \$669.61 | \$1,339.22 | \$1,740.99 |

### PERS PPO Plans

| Medical Plan    | Single   | 2-Party    | Family     |
|-----------------|----------|------------|------------|
| PERS Choice PPO | \$654.50 | \$1,309.00 | \$1,701.70 |
| PERS Select PPO | \$420.77 | \$841.54   | \$1,094.00 |
| PERS Care PPO   | \$843.78 | \$1,687.56 | \$2,193.83 |

## PTEANB CAFETERIA CONTRIBUTIONS

| Membership Effective Dates         | PTEANB Tier & Group | Average Hours Worked per Week* | Cafeteria Medical Benefit                             | Waive/Opt-Out Benefit                                 |
|------------------------------------|---------------------|--------------------------------|---|---|
| On or before 6/30/2014             | Tier 1 Group A      | 30 hours or more               | \$775/month<br>Cash back                              | \$263.40/month<br>(Grandfathered employees only)      |
| On or after 7/1/2014               | Tier 1 Group B      | 30 hours or more               | \$650/month<br>No cash back                           | No Opt-Out Benefit                                    |
| On or between 7/1/2014 - 6/30/2016 | Tier 2 Group A      | Less than 30 Hours             | \$4.25/hour worked;<br>Max of 60 hours per pay period | No Opt-Out Benefit                                    |
| On or before 6/30/2014             | Tier 2 Group B      | Less than 30 hours             | N/A   | \$3.25/hour worked;<br>Max of 60 hours per pay period |
| On or after 7/1/2016               | Tier 3              | Less than 30 Hours             | N/A   | No Opt-Out Benefit                                    |

\*Based on the City's measurement period as required under the Affordable Care Act. Employees will be notified annually whether they meet the 30 hours threshold.

MOU provisions prevail.

## Plan Contacts

Contact your health plan with questions about ID cards; verification of provider participation; service area boundaries (covered zip codes); benefits, deductible, limitations, exclusion; and Evidence of Coverage booklets.

| Plan Type   | Provider                              | Phone Number   | Website  |
|---|---------------------------------------|--|--|
| Select HMO & Traditional HMO                        | Anthem Blue Cross                     | Member Services: 855-839-4524<br>RX-OptumRx: 855-505-8110                    | <a href="http://www.anthem.com/ca/calpers">www.anthem.com/ca/calpers</a><br><a href="http://www.optumrx.com/calpers">www.optumrx.com/calpers</a>   |
| Access+ HMO   | Blue Shield                           | Member Services: 800-334-5847<br>Rx, CVS Caremark: 866-346-7200              | <a href="http://www.blueshieldca.com/calpers">www.blueshieldca.com/calpers</a><br><a href="http://www.caremark.com/CalPERS">www.caremark.com/CalPERS</a>                                   |
| HMO Salud y Más & SmartCare                         | Health Net                            | Member Services: 888-926-4921<br>Rx- OptumRx: 855-505-8110                   | <a href="http://www.healthnet.com/calpers">www.healthnet.com/calpers</a><br><a href="http://www.optumrx.com/calpers">www.optumrx.com/calpers</a>   |
| HMO   | Kaiser Permanente                     | Member Services: 800-464-4000  | <a href="http://www.my.kp.org/calpers">www.my.kp.org/calpers</a>   |
| HMO (San Diego only)                                | Sharp                                 | Member Services: 855-955-5004<br>Rx- OptumRx: 855-5058110                    | <a href="http://www.sharprehealthplan.com/calpers">www.sharprehealthplan.com/calpers</a><br><a href="http://www.optumrx.com/calpers">www.optumrx.com/calpers</a>                           |
| Alliance HMO  | United Healthcare                     | Member Services: 877-359-3714<br>Rx- OptumRx: 855-505-8110                   | <a href="http://www.uhc.com/calpers">www.uhc.com/calpers</a><br><a href="http://www.optumrx.com/calpers">www.optumrx.com/calpers</a>   |
| PERS Care PPO<br>PERS Choice PPO<br>PERS Select PPO | Anthem Blue Cross                     | Member Services: 877-737-7776<br>Rx- OptumRx: 855-505-8110                   | <a href="http://www.anthem.com/ca/calpers">www.anthem.com/ca/calpers</a><br><a href="http://www.optumrx.com/calpers">www.optumrx.com/calpers</a>   |
| Other Contacts                                      | CalPERS<br>PARS<br>Empower Retirement | Members: 888-225-7377<br>Members: 800-540-6369<br>Participants: 800-701-8255 | <a href="http://www.calpers.ca.gov">www.calpers.ca.gov</a><br><a href="http://www.pars.org">www.pars.org</a><br><a href="http://www.empower-retirement.com">www.empower-retirement.com</a> |

# Required Federal Notices

## Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, call your plan administrator.

## Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator.

## Availability of Privacy Practices Notice

We maintain the HIPAA Notice of Privacy Practices for City of Newport Beach describing how health information about you may be used and disclosed. You may obtain a copy of the Notice of Privacy Practices by contacting City of Newport Beach.

## HIPAA Notice of Special Enrollment Rights

If you decline enrollment in City of Newport Beach health plan for you or your dependents (including your spouse) because of other health insurance or group health plan coverage, you or your dependents may be able to enroll in City of Newport Beach health plan without waiting for the next open enrollment period if you:

- Lose other health insurance or group health plan coverage. You must request enrollment within 60 days after the loss of other coverage.
- Gain a new dependent as a result of marriage, birth, adoption, or placement for adoption. You must request health plan enrollment within 60 days after the marriage, birth, adoption, or placement for adoption.

## Required Federal Notices

- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible. You must request medical plan enrollment within 60 days after the loss of such coverage.

If you request a change due to a special enrollment event within the 30 day timeframe, coverage will be effective the date of birth, adoption or placement for adoption. For all other events, coverage will be effective the first of the month following your request for enrollment. In addition, you may enroll in City of Newport Beach health plan if you become eligible for a state premium assistance program under Medicaid or CHIP. You must request enrollment within 60 days after you gain eligibility for medical plan coverage. If you request this change, coverage will be effective the first of the month following your request for enrollment. Specific restrictions may apply, depending on federal and state law.

Note: If your dependent becomes eligible for a special enrollment right, you may add the dependent to your current coverage or change to another health plan. Any other currently covered dependents may also switch to the new plan in which you enroll.

## Notice of Choice of Providers

The HMO generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, HMO designates one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the plan administrator.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from HMO or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the plan administrator.

## Important Notice from City of Newport Beach About Your Prescription Drug Coverage and Medicare

### MEDICARE PART D (Prescription Drug) through CalPERS

Medicare Part D is a voluntary federal outpatient prescription drug benefit available to everyone with Medicare. The Medicare Part D premium varies based on the prescription drug plan and is paid to your health carrier as part of the CalPERS health premium. As with Medicare Part B, if your income exceeds established thresholds, the SSA will assess an additional income-related monthly adjustment amount. Payment of this amount is mandatory to protect your Medicare enrollment and eligibility to remain enrolled in a CalPERS Medicare health plan. To be enrolled in a CalPERS Medicare health plan, you cannot be enrolled in a non-CalPERS Medicare Part D plan. CalPERS Health Plans and Medicare Part D

# Required Federal Notice

CalPERS participates in the Employer Group Waiver Plan (EGWP). EGWPs are Prescription Drug Plans governed by the CMS. If you are a Medicare-eligible subscriber or dependent, you are automatically enrolled into EGWP. If for some reason, you chose to opt out of EGWP, you will be financially responsible for all of your prescription drug costs. In addition, if you enroll in a non-CalPERS MedicarePart D plan, you are no longer eligible to remain enrolled in a CalPERS Medicare health plan. Consequently, you and all of your covered dependents will be terminated.

Contact the City of Newport Beach Human Resources Department for more details.

## DO NOT ENROLL IN A NON-CALPERS MEDICARE PLAN PART D

Your CalPERS coverage includes enrollment in a Medicare Part D Plan. Do not enroll in a non-CalPERS Medicare Part D plan. If you or your dependents are covered by CalPERS and another health plan that includes Medicare Part D prescription drug benefits, you must cancel that Part D coverage to enroll in, or continue enrollment in a CalPERS Medicare health plan.

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with City of Newport Beach and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. City of Newport Beach has determined that the prescription drug coverage offered by the our plans is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

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### **When Can You Join A Medicare Drug Plan?**

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

# Required Federal Notice

## **What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?**

If you decide to join a Medicare drug plan, your City of Newport Beach coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan. Since the existing prescription drug coverage under our plans is creditable (e.g., as good as Medicare coverage), you can

retain your existing prescription drug coverage and choose not to enroll in a Part D plan; or you can enroll in a Part D plan as a supplement to, or in lieu of, your existing prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your City of Newport Beach prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

## **When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?**

You should also know that if you drop or lose your current coverage with City of Newport Beach and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

## **For More Information About This Notice Or Your Current Prescription Drug Coverage...**

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through City of Newport Beach changes. You also may request a copy of this notice at any time.

## **For More Information About Your Options Under Medicare Prescription Drug Coverage...**

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

# Required Federal Notice

For more information about Medicare prescription drug coverage:

Visit medicare.gov

Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help

Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at socialsecurity.gov, or call them at 800-772-1213 (TTY 800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: January 1, 2019

Name of Entity: City of Newport Beach

Contact: Human Resources

Address: 100 Civic Center Drive, Newport Beach, CA 92660

Phone: (949) 644-3294

# Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call **1-866-444-EBSA (3272)**.

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If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2018. Contact your State for more information on eligibility –

| ALABAMA – Medicaid  | FLORIDA – Medicaid  |
|---|---|
| Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a><br>Phone: 1-855-692-5447   | Website: <a href="http://flmedicaidtpirecovery.com/hipp/">http://flmedicaidtpirecovery.com/hipp/</a><br>Phone: 1-877-357-3268   |
| ALASKA – Medicaid   | GEORGIA – Medicaid  |
| The AK Health Insurance Premium Payment Program<br>Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a><br>Phone: 1-866-251-4861<br>Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a><br>Medicaid Eligibility:<br><a href="http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx">http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx</a> | Website: <a href="http://dch.georgia.gov/medicaid">http://dch.georgia.gov/medicaid</a><br>- Click on Health Insurance Premium Payment (HIPP)<br>Phone: 404-656-4507   |
| ARKANSAS – Medicaid   | INDIANA – Medicaid  |
| Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a><br>Phone: 1-855-MyARHIPP (855-692-7447)  | Healthy Indiana Plan for low-income adults 19-64<br>Website: <a href="http://www.in.gov/fssa/hip/">http://www.in.gov/fssa/hip/</a><br>Phone: 1-877-438-4479<br>All other Medicaid<br>Website: <a href="http://www.indianamedicaid.com">http://www.indianamedicaid.com</a><br>Phone 1-800-403-0864 |

| COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)  | IOWA – Medicaid   |
|---|---|
| Health First Colorado Website:<br><a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a><br>Health First Colorado Member Contact Center:<br>1-800-221-3943/ State Relay 711<br>CHP+: Colorado.gov/HCPF/Child-Health-Plan-Plus<br>CHP+ Customer Service: 1-800-359-1991/<br>State Relay 711 | Website:<br><a href="http://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp">http://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp</a><br>Phone: 1-888-346-9562  |
| KANSAS – Medicaid   | NEW HAMPSHIRE – Medicaid  |
| Website: <a href="http://www.kdheks.gov/hcf/">http://www.kdheks.gov/hcf/</a><br>Phone: 1-785-296-3512   | Website:<br><a href="http://www.dhhs.nh.gov/oi/documents/hippapp.pdf">http://www.dhhs.nh.gov/oi/documents/hippapp.pdf</a><br>Phone: 603-271-5218  |
| KENTUCKY – Medicaid   | NEW JERSEY – Medicaid and CHIP  |
| Website: <a href="http://chfs.ky.gov/dms/default.htm">http://chfs.ky.gov/dms/default.htm</a><br>Phone: 1-800-635-2570   | Medicaid Website:<br><a href="http://www.state.nj.us/humanservices/dmabs/clients/medicaid/">http://www.state.nj.us/humanservices/dmabs/clients/medicaid/</a><br>Medicaid Phone: 609-631-2392<br>CHIP Website: <a href="http://www.nifamilycare.org/index.html">http://www.nifamilycare.org/index.html</a><br>CHIP Phone: 1-800-701-0710 |
| LOUISIANA – Medicaid  | NEW YORK – Medicaid   |
| Website:<br><a href="http://dhh.louisiana.gov/index.cfm/subhome/1/n/331">http://dhh.louisiana.gov/index.cfm/subhome/1/n/331</a><br>Phone: 1-888-695-2447  | Website:<br><a href="https://www.health.ny.gov/health_care/medicaid/">https://www.health.ny.gov/health_care/medicaid/</a><br>Phone: 1-800-541-2831  |
| MAINE – Medicaid  | NORTH CAROLINA – Medicaid   |
| Website: <a href="http://www.maine.gov/dhhs/ofi/public-assistance/index.html">http://www.maine.gov/dhhs/ofi/public-assistance/index.html</a><br>Phone: 1-800-442-6003<br>TTY: Maine relay 711   | Website: <a href="https://dma.ncdhhs.gov/">https://dma.ncdhhs.gov/</a><br>Phone: 919-855-4100   |
| MASSACHUSETTS – Medicaid and CHIP   | NORTH DAKOTA – Medicaid   |
| Website:<br><a href="http://www.mass.gov/eohhs/gov/departments/masshealth/">http://www.mass.gov/eohhs/gov/departments/masshealth/</a><br>Phone: 1-800-862-4840  | Website:<br><a href="http://www.nd.gov/dhs/services/medicalserv/medicaid/">http://www.nd.gov/dhs/services/medicalserv/medicaid/</a><br>Phone: 1-844-854-4825  |
| MINNESOTA – Medicaid  | OKLAHOMA – Medicaid and CHIP  |
| Website: <a href="http://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/medical-assistance.jsp">http://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/medical-assistance.jsp</a><br>Phone: 1-800-657-3739                             | Website: <a href="http://www.insureoklahoma.org">http://www.insureoklahoma.org</a><br>Phone: 1-888-365-3742   |
| MISSOURI – Medicaid   | OREGON – Medicaid   |
| Website:<br><a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">http://www.dss.mo.gov/mhd/participants/pages/hipp.htm</a><br>Phone: 573-751-2005  | Website: <a href="http://healthcare.oregon.gov/Pages/index.aspx">http://healthcare.oregon.gov/Pages/index.aspx</a><br><a href="http://www.oregonhealthcare.gov/index-es.html">http://www.oregonhealthcare.gov/index-es.html</a><br>Phone: 1-800-699-9075  |
| MONTANA – Medicaid  | PENNSYLVANIA – Medicaid   |
| Website:<br><a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a><br>Phone: 1-800-694-3084  | Website: <a href="http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm">http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm</a><br>Phone: 1-800-692-7462   |
| NEBRASKA – Medicaid   | RHODE ISLAND – Medicaid   |
| Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a><br>Phone: (855) 632-7633<br>Lincoln: (402) 473-7000<br>Omaha: (402) 595-1178   | Website: <a href="http://www.eohhs.ri.gov/">http://www.eohhs.ri.gov/</a><br>Phone: 855-697-4347   |

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|--|--|
| <b>NEVADA – Medicaid</b>   | <b>SOUTH CAROLINA – Medicaid</b>   |
| Medicaid Website: <a href="https://dwss.nv.gov/">https://dwss.nv.gov/</a><br>Medicaid Phone: 1-800-992-0900  | Website: <a href="https://www.scdhhs.gov">https://www.scdhhs.gov</a><br>Phone: 1-888-549-0820  |
| <b>SOUTH DAKOTA - Medicaid</b>   | <b>WASHINGTON – Medicaid</b>   |
| Website: <a href="http://dss.sd.gov">http://dss.sd.gov</a><br>Phone: 1-888-828-0059  | Website: <a href="http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program">http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program</a><br>Phone: 1-800-562-3022 ext. 15473 |
| <b>TEXAS – Medicaid</b>  | <b>WEST VIRGINIA – Medicaid</b>  |
| Website: <a href="http://gethipptexas.com/">http://gethipptexas.com/</a><br>Phone: 1-800-440-0493  | Website: <a href="http://mywvhipp.com/">http://mywvhipp.com/</a><br>Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)   |
| <b>UTAH – Medicaid and CHIP</b>  | <b>WISCONSIN – Medicaid and CHIP</b>   |
| Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a><br>CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a><br>Phone: 1-877-543-7669  | Website:<br><a href="https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf">https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf</a><br>Phone: 1-800-362-3002   |
| <b>VERMONT– Medicaid</b>   | <b>WYOMING – Medicaid</b>  |
| Website: <a href="http://www.greenmountaincare.org/">http://www.greenmountaincare.org/</a><br>Phone: 1-800-250-8427  | Website: <a href="https://wyequalitycare.acs-inc.com/">https://wyequalitycare.acs-inc.com/</a><br>Phone: 307-777-7531  |
| <b>VIRGINIA – Medicaid and CHIP</b>  |  |
| Medicaid Website:<br><a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a><br>Medicaid Phone: 1-800-432-5924<br>CHIP Website:<br><a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a><br>CHIP Phone: 1-855-242-8282 |  |

To see if any other states have added a premium assistance program since January 31, 2018, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa](http://www.dol.gov/agencies/ebsa)  
 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
 1-877-267-2323, Menu Option 4, Ext. 61565

### Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebsa.opr@dol.gov](mailto:ebsa.opr@dol.gov) and reference the OMB Control Number 1210-0137.



Rev. 7/18/2019 Part Time