



OASIS MONTHLY HIGHLIGHTS

UPCOMING EVENTS, LECTURES, & PROGRAMS

NOVEMBER | 2019



MEDICARE 2020 CLINIC

Friday, November 15 and 22 - by appointment only, FREE

Provided by Council on Aging OC, HICAP
Medicare beneficiaries are provided a free, unbiased one-on-one personalized counseling session. Take advantage of this free opportunity to review your current Medicare Advantage or Part D: Prescription plan and identify options to maximize medical coverage, and compare prices to minimize your Medicare costs in 2020.
RSVP 949-644-3244 or oasiscenter@newportbeachca.gov.

HOLIDAY GIFT COLLECTION

November 4 - 22, in the OASIS Lobby

It's that time of year to make others' lives better and give some OASIS holiday cheer. This year we are collecting NEW blankets and throws to give to our Home Delivered Meals clients. We have at least 60 people we would like to give to - could you help us reach our goal? Look for the collection boxes in the lobby - and THANK YOU!!

LIFE'S THIRD ACT: SINGLES VERSION

Wednesdays, November 6, 13, 20 and 27, 4-5:30 pm, Room 2, FREE

Class is led by Dr. David K. Larue, Geologist & Professor and Jane Drew, Clinical Psychologist

This is a discussion course about issues and challenges facing single seniors. Each week, participants will discuss their personal approaches to dealing with issues confronting them as a single older adult. Topics may include: support networks, handling health care issues, social and friendship networks, isolation, traveling single, living arrangements, etc. Space is limited. For questions on the class format, please contact facilitator David K. Larue at Dkla2018@outlook.com

BECOME EMPOWERED AGAINST FRAUD

Wednesday, November 13, 1:30-2:15pm, Event Center, FREE

Presented by - Gwen Earle, Better Business Bureau Regional Director
Individuals ages 50 and up are 47% more susceptible to scams, fraud, and negligent business practices than other age groups. BBB's Savvy Seniors seminar series is aimed at equipping this demographic with the resources they need to recognize and avoid the personal and financial threats that exist to take advantage of and exploit them.
Light refreshments are provided.

Attend for your chance at winning a gift-card raffle with \$200 in prizes.
RSVP 949-644-3244 or oasiscenter@newportbeachca.gov.

REGISTRATION

To register for classes or for more info, visit newportbeachca.gov/OASIS

Please sign up for classes and/or purchase your tickets for our events early. Our special events are popular, sell out quickly, and we are limited in space and seating.

To avoid your favorite class being cancelled due to low enrollment, sign up early so we know you're planning on coming!

OASIS is a Senior Center dedicated to meeting the needs of all seniors and their families. Many educational, recreational, cultural, and social services are offered aimed at helping older adults live an enriched, active and independent life. The Center is owned and operated by the City of Newport Beach and staffed by a core of professionals who are responsible for planning classes and events, providing many health and wellness opportunities, providing support services and counseling, and helping family members who are concerned about their parents.

HOLIDAY CLOSURE

MONDAY, NOV. 11
VETERANS DAY

Winter Class
Registration
Thursday,
November 21
8 a.m.

THURSDAY, NOV. 28 & FRIDAY, NOV. 29
THANKSGIVING



NEWPORTBEACHCA.GOV/OASIS



OASIS SENIOR CENTER

CITY OF NEWPORT BEACH RECREATION & SENIOR SERVICES DEPARTMENT

OASISCenter@newportbeachca.gov | (949) 644-3244
801 Narcissus Avenue, Corona Del Mar, CA 92625