

CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

STUDY BREAK

Free



Sessions offered for
Newport Harbor & Corona del
Mar High School students.

Take a break from the academic
pressures and enjoy a variety of
classes.

RENEW & REFRESH
OR
TRY SOMETHING
NEW



WEDNESDAYS
5:30P.M.
AT OASIS OR
MARINA PARK

MORE INFO-949-270-8150
OR FOLLOW US AT

 #CNBSTUDYBREAK

LOCATIONS

-OASIS-
801 NARCISSUS
NEWPORT BEACH, CA
92625

-MARINA PARK-
1600 WEST BALBOA BLVD.
NEWPORT BEACH, CA
92663

 **#CNBSTUDYBREAK**

**Marina
Park**

APRIL 25 MINDFULNESS & MEDITATION
WITH JENNIFER LAMBERT

OASIS

MAY 2 ART NIGHT
WITH LISA ALBERT

**Marina
Park**

MAY 9 FASHION DESIGN SKETCHING
INSTRUCTED BY FASHION CAMP

OASIS

MAY 16 UNIQUE FITNESS AND STRENGTH
WITH MICHAEL RYAN

**Marina
Park**

MAY 23 UNIQUE FITNESS AND STRENGTH
WITH MICHAEL RYAN

OASIS

MAY 30 HEALTHY RECIPES AND COOKING
WITH NASIRA BURKHOLDER-COOLEY,
DRPH, RDN

**Marina
Park**

JUNE 6 MINDFULNESS, MEDITATION AND YOGA
WITH JENNIFER LAMBERT

**Marina
Park**

JUNE 13 PADDLE NIGHT
WITH UCI

