



KNOW YOUR BENEFITS



New Year New Benefits

New Dental and Vision Plans: As a reminder for those of you enrolled in dental and vision, your coverage now is with MetLife. Plans administered through Cigna dental and MES vision ended on December 31, 2020. **MetLife does not provide dental or vision cards.** This [SECTION](#) of our Human Resources page has great resources on our dental coverage including a link to download the app and create a MetLife profile. We also have a helpful FAQ page [HERE](#).

- Group number: 5973407 – for both the dental and vision plans
- Member Services number: 800-438-6288
- Website: www.metlife.com

Medical Plans: Whether you are new to medical benefits or have been enrolled for years, it’s a good idea to take a moment and make sure you have the proper ID cards for you and your family members. Below is a directory of insurance plans, member services phone numbers, and web addresses for CalPERS medical plans.

Medical Plan Contacts		
Medical – CalPERS HMO Plans		
- Anthem Blue Cross Select HMO & Traditional HMO	855-839-4524	www.anthem.com/ca/calpers
- Blue Shield of CA Trio HMO and Access+ HMO	800-334-5847	www.blueshieldca.com/calpers
- Health Net Salud y Mas HMO and SmartCare HMO	888-926-4921	www.healthnet.com/calpers
- Kaiser Permanente HMO	800-464-4000	www.kp.org/calpers
- Sharp HMO (<i>San Diego only</i>)	855-955-5004	www.sharphealthplan.com/calpers
- United Healthcare Alliance HMO	877-359-3714	www.uhc.com/calpers
Medical – Anthem Blue Cross CalPERS PPO Plans	877-737-7776	www.anthem.com/ca/calpers
- PERS Care PPO		
- PERS Choice PPO		
- PERS Select PPO		
Pharmacy – CVS Caremark/OptumRx/Kaiser Permanente		
- CVS Caremark (<i>Blue Shield HMO plans only</i>)	866-346-7200	www.caremark.com/calpers
- Kaiser Permanente (<i>Kaiser HMO plan only</i>)	800-464-4000	www.kp.org/calpers
- OptumRx (<i>all other HMO and PPO plans except Kaiser & Blue Shield HMO</i>)	855-505-8110	www.optumrx.com/calpers

Flexible Spending Accounts: If you elected to participate in a health Flexible Spending Account and/or the Dependent Care Account for the 2021 plan year remember:

- You can now use your plan to purchase over the counter personal products as well as out of pocket costs, copays, and prescriptions. Changes allowing more flexibility will be announced soon as we amend our plan to comply with the Consolidated Appropriations Act of 2021.
- You have until March 31, 2021 to file a claim for any unused funds from the 2020 plan year.
- Check [HERE](#) for resources to help access your account online, shop online for FSA eligible expense, and file a claim.
- Website to file a claim or check your balance: <https://workterra.lh1ondemand.com/Login.aspx>
- Customer Service number: 888-327-2770

Employee Assistance Plan (EAP): MHN, the City’s EAP is available **FREE** to you and your household 24/7. When you call you will speak to an intake specialist who will direct you to a caring professional specific to the nature of your call. They can provide resources on any topic from legal, financial, childcare, stress management or anything in between. MHN will facilitate up to as many as 3 face-to-face visits.

- Call MHN at 800-322-9707 or access their site at www.mhn.com, Password: NEWPORT

Questions: Call or email HRBenefit@newportbeachca.gov or 949-644-3294