

NEWPORT BEACH AWARE



PARTICIPANT GUIDELINES SO YOU CAN **BE AWARE** OF CURRENT RECOMMENDATIONS DESIGNED TO HELP AVOID THE SPREAD OF COVID-19.

GOOD HYGIENE

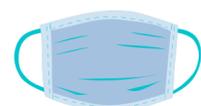
You can help reduce the spread of viruses and germs by practicing good hygiene. Here are some reminders:



Use no-contact greetings. Avoid handshakes, high-fives or fist bumps. **Waves, cheers, fist pumps all encouraged!**



Clean hands at the start and end of any program and **regularly wash your hands** for 20 seconds using soap & water. If not available, use hand sanitizer with a minimum 60% alcohol content.



Face coverings should be worn by unvaccinated people when indoors, including program participants 12 years and younger. **This applies to staff, instructors, participants, and spectators unless there is specific guidance to suggest otherwise, ie. youth & adult sports.**



Avoid touching your face and cover your coughs and sneezes.

Physical Distance. A minimum of 6 feet of space between participants is recommended when possible. Cohorts are no longer required.



STAY HOME if...

- You are **feeling sick**.
- You have a **sick family member** at home.
- You are considered to be in a **high risk** group.
- You have a temperature of **100.4** or more



Staff, instructors, and participants are advised not to return to a program until they have met CDPH criteria to discontinue **home isolation**. Refer to bit.ly/3hBPPij for more information.

SHARING



If sharing of equipment, supplies, and surfaces is involved, instructors will encourage good hand hygiene is practiced (**washing with soap & water or using an alcohol-based hand sanitizer**) and equipment is routinely sanitized.

Notice: Programs may be cancelled if a participant or staff member tests positive for COVID-19.

EXPECTATIONS

What you can expect from City staff and instructors to ensure you have a safe experience and what you can do to help.



Instructors & staff will routinely **disinfect high-traffic surfaces** like doorknobs, tables, and equipment.



Maximize ventilation by opening windows, adjusting air conditioning, or shifting activities outdoors when possible.



Equipment. Participants should come prepared with their own mask and any PPE that would help you feel safe. We encourage you to bring a personal hand sanitizer, too.

Personal belongings. You are encouraged to pre-label and minimize sharing your belongings with others. Participants should bring individual supplies including: reusable water bottle, sunscreen, mask, hand sanitizer, disposable lunch and/or snack, and backpack.



We're all in this together.

City staff will remain available to answer your questions to the best of our abilities.



(949) 644-3151



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General: newportbeachca.gov/recreation

Virtual Programming: newportbeachca.gov/ORC

Camps: campnewport.com



@CITYOFNEWPORTBEACH

We will continue to monitor for updated guidelines & modify practices as needed. Sources: the Center for Disease Control (CDC), State of California, & County of Orange.