GOOD HYGIENE
You can help reduce the spread of viruses and germs by practicing good hygiene. Here are some reminders:

Use no-contact greetings. Avoid handshakes, high-fives or fist bumps. Waves, cheers, fist pumps all encouraged!
Clean hands at the start and end of any program and regularly wash your hands for 20 seconds using soap & water. If not available, use hand sanitizer with a minimum 60% alcohol content.
Avoid touching your face and cover your coughs and sneezes.
If sharing of equipment, supplies, and surfaces is involved, instructors will encourage good hand hygiene is practiced (washing with soap & water or using an alcohol-based hand sanitizer) and equipment is routinely sanitized.

EXPECTATIONS
What you can expect from City staff and instructors to ensure you have a safe experience and what you can do to help.

Instructors & staff will routinely disinfect high-traffic surfaces like doorknobs, tables, and equipment.
Maximize ventilation by opening windows, adjusting air conditioning, or shifting activities outdoors when possible.
Personal belongings. You are encouraged to pre-label and minimize sharing your belongings with others. Participants should bring individual supplies including: reusable water bottle, sunscreen, disposable lunch and/or snack, and backpack.

STAY HOME if...
- You are feeling sick.
- You have a sick family member at home.
- You are considered to be in a high risk group.
- You have a temperature of 100.4 or more

Notice: Programs may be cancelled if a participant or staff member tests positive for COVID-19.