

NEWPORT BEACH AWARE



PARTICIPANT GUIDELINES SO YOU CAN **BE AWARE** OF CURRENT RECOMMENDATIONS DESIGNED TO HELP AVOID THE SPREAD OF COVID-19.

GOOD HYGIENE

You can help reduce the spread of viruses and germs by practicing good hygiene. Here are some reminders:



Use no-contact greetings. Avoid handshakes, high-fives or fist bumps. **Waves, cheers, fist pumps all encouraged!**



Clean hands at the start and end of any program and **regularly wash your hands** for 20 seconds using soap & water. If not available, use hand sanitizer with a minimum 60% alcohol content.



Avoid touching your face and cover your coughs and sneezes.



If **sharing** of equipment, supplies, and surfaces is involved, instructors will encourage good hand hygiene is practiced (**washing with soap & water or using an alcohol-based hand sanitizer**) and equipment is routinely sanitized.

EXPECTATIONS

What you can expect from City staff and instructors to ensure you have a safe experience and what you can do to help.

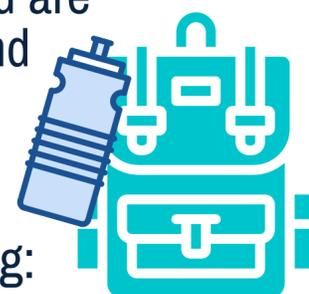


Instructors & staff will routinely **disinfect high-traffic surfaces** like doorknobs, tables, and equipment.



Maximize ventilation by opening windows, adjusting air conditioning, or shifting activities outdoors when possible.

Personal belongings. You are encouraged to pre-label and minimize sharing your belongings with others. Participants should bring individual supplies including: reusable water bottle, sunscreen, disposable lunch and/or snack, and backpack.



STAY HOME if...

- You are **feeling sick**.
- You have a **sick family member** at home.
- You are considered to be in a **high risk** group.
- You have a temperature of **100.4** or more



Staff, instructors, and participants are advised not to return to a program until they have met CDPH criteria to discontinue home isolation. Refer to bit.ly/3hBPPij for more information.



We're all in this together.

City staff will remain available to answer your questions to the best of our abilities.



(949) 644-3151



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General: newportbeachca.gov/recreation

Virtual Programming: newportbeachca.gov/ORC

Camps: campnewport.com



@CITYOFNEWPORTBEACH

Notice: Programs may be cancelled if a participant or staff member tests positive for COVID-19.

We will continue to monitor for updated guidelines & modify practices as needed. Sources: the Center for Disease Control (CDC), State of California, & County of Orange.