



Carrier Contacts

Plan Type	Provider	Phone Number	Website
Medical Access	CalPERS	Member Services: 888-225-7377	www.calpers.ca.gov
Select HMO Traditional HMO	Anthem Blue Cross	Member Services: 855-839-4524 Rx- OptumRx: 855-505-8110	www.anthem.com/ca/calpers www.optumrx.com/calpers
Access+ HMO Trio HMO	Blue Shield	Member Services: 800-334-5847 Rx- Blue Shield Pharmacy: 866-346-7200	www.blueshieldca.com/calpers Blue Shield Pharmacy Benefits
HMO Salud y Más HMO	Health Net	Member Services: 888-926-4921 Rx- OptumRx: 855-505-8110	www.healthnet.com/calpers www.optumrx.com/calpers
Kaiser Permanente HMO	Kaiser Permanente	Member Services: 800-464-4000	www.kp.org/calpers
Sharp Health Plan HMO (San Diego only)	Sharp Health Plan	Member Services: 855-955-5004 Rx- OptumRx: 855-505-8110	www.sharphealthplan.com/calpers www.optumrx.com/calpers
SignatureValue Alliance SignatureValue Harmony	UnitedHealthcare	Member Services: 877-359-3714 Rx- OptumRx: 855-505-8110	www.uhc.com/calpers www.optumrx.com/calpers
PERS Gold PPO PERS Platinum PPO	Blue Shield	Member Services: 855-633-4436 Rx- OptumRx: 855-505-8110	https://includedhealth.com/microsite/calpers/ www.optumrx.com/calpers
PORAC Prudent Buyer PPO	Anthem Blue Cross / PORAC	Member Services: 800-288-6928 Rx- Express Scripts: 866-470-6265	http://ibtoporac.org www.express-scripts.com
Delta Dental DHMO & PPO	DHMO Group # 79722 PPO Group # 22488	DHMO Member Services: 800-422-4234 PPO Member Services: 888-335-8227	www.deltadentalins.com
VSP Vision	Vision Group # 40156551	Member Services: 800-877-7195	www.vsp.com
The Hartford Life Insurance	Basic/Voluntary Life Group # 921759 Basic/Voluntary AD&D Group # 921759	Member Services: 888-563-1124	www.TheHartford.com
The Hartford Disability	STD Group # 073294 LTD Group # 921759	Member Services: 888-277-4767	www.TheHartford.com
The Holman Group	Employee Assistance Program (EAP)	Member Services: 800-321-2843	www.Holmangroup.com User Name: <i>CityNewport</i> Password: <i>Newport7123</i> (case sensitive)
P&A Group	P&A Group - Flexible Spending Accounts and COBRA	Member Services: 716-852-2611	www.padmin.com
Other Contacts	MissionSquare Empower (Retirement)	RHS: 800-669-7400 Participants: 800-701-8255	www.icmarc.org https://participant.empower-retirement.com/participant/#/login