# MARINA PARK **SAILING CLASSES**







Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little or no sailing experience. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a small boat. The class is also a great refresher for those who have not sailed recently. Sailing a 14' dinghy you will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and capsize recovery.

Requirements: No prior experience needed. Must be able to swim 50 yards. Sufficient agility needed to move about safely in the boat.

#### MARINA PARK

5, 5 5, 7 11.00 am 5.00 pm 1 1, 100		Tu-Thu Sun Tu-Wed Tu-Thu Sat Tu-Thu	6/10-6/12 6/22-7/21 6/24-7/2 7/22-7/24 8/2-8/23 8/5-8/7	12:15pm-4:15pm 9:00am-1:00pm 4:30pm-7:30pm 4:30pm-8:15pm 9:30am-1:30pm 11:30am-3:30pm	14yrs+ 14yrs+ 14yrs+ 14yrs+ 14yrs+	\$155 \$199 \$155 \$145 \$199 \$155	No Clas on 7/6
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## **Intermediate Dinghy Sailing**

A great class for students ready to take their dinghy sailing skills to the next level. You will build on basic skills and work on improving boat handling, refining sail trim, skipper and crew teamwork, and problem solving while afloat. Sailing a 14' RS Quest you will practice: rigging, docking, sail trim, sail controls, crew work and communication, reefing

Requirements: Successful completion of Beginning Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards.

### **MARINA PARK**

Tu-Thu	6/1/-6/19	4:30pm-8:15pm	14yrs+	\$155
Tu-Wed	7/8-7/16	4:30pm-8:00pm	14yrs+	\$185
Sat	8/2-8/23	2:00pm-5:30pm	14yrs+	\$185
Mon-Thu	8/11-8/14	12:30pm-4:00pm	14ýrs+	\$185

## Advanced Dinghy Sailing & Spinnaker Clinic

An advanced class ideal for competent dinghy sailors interested in learning how to fly the spinnaker aboard out 14' RS Quest Dinghy. Through classroom instruction and on-the-water practice you will learn how to prepare, set, trim, gybe and drop the spinnaker.

Requirements: Successful completion of Intermediate Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards.

#### MARINA PARK

8/10-8/17 1:30pm-5:00pm \$140 Sun 14yrs+



