

# MARINA PARK SAILING CLASSES

Summer 2025

## Beginning Keelboat Sailing

Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little to no sailing experience who want to learn how to sail on a larger more stable keelboat. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a J/22 keelboat. Your instructor will be on-board with you to provide a more hands-on experience. Sailing a J/22' keelboat you will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and crew overboard recovery.

Requirements: No prior experience needed. Participants must be able to swim 50 yards.

### MARINA PARK

\*NO CLASS 4/20 + 5/24

Sun	6/15-7/13	9:30am-1:00pm	14yrs+	\$450
Mon-Wed	6/16-6/18	12:00pm-4:00pm	14yrs+	\$390
Tu-Thu	7/8-7/10	4:30pm-8:15pm	14yrs+	\$365
Mon-Wed	7/14-7/16	12:00pm-4:00pm	14yrs+	\$390
Sat-Sun	7/19-7/27	10:00am-1:30pm	14yrs+	\$450
Tu-Thu	7/29-7/31	4:00pm-8:00pm	14yrs+	\$390
Sun	8/3-8/24	10:00am-1:30pm	14yrs+	\$450
Mon-Wed	8/18-8/20	12:00pm-4:00pm	14yrs+	\$390

## First Sail

Learning how to sail is easier than you might think, and First Sail is the perfect class for you to discover just how fun, safe, accessible, and affordable sailing is. Your on-board instructor will guide you through safe sailing on Newport Harbor while you learn about the main parts of a sailboat, which way the wind is blowing, how to trim the sails, how to leave and return to the dock and of course how to steer the boat.

Requirements: No prior experience needed. Participants must be able to swim 50 yards.

### MARINA PARK

Sat	7/12	10:30am-1:30pm	14yrs+	\$125
Thu	7/24	4:30pm-8:00pm	14yrs+	\$125

## Explore the J/22 Keelboat

For sailors with intermediate sailing skills, but with no prior experience sailing a J/22 keelboat. You will review rigging, docking, crew work and more as you get ready to take your sailing to the next level and jump into an Intermediate or Advanced J/22 Keelboat class.

Requirements: Intermediate sailing skills. Must be able to swim 50 yards.

### MARINA PARK

Sat	6/14	2:00pm-5:30pm	14yrs+	\$150
Thu	7/3	4:30pm-8:00pm	14yrs+	\$150
Sat	7/19	1:30pm-5:00pm	14yrs+	\$150
Mon	8/4	12:30pm-4:00pm	14yrs+	\$150

## Intermediate Keelboat Sailing

For students ready to take the next step after completing the Beginning Keelboat Class. In this class you will build on basic skills and learn the finer points of boat handling and sail theory while learning to work as part of a team on the J/22. Build confidence rigging, docking, and learn sail trim, sail controls, crew work and communication and anchoring.

Requirements: Successful completion of Beginning Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards. 14 yrs+

### MARINA PARK

Tu-Thu				
Sun	6/10-6/12	4:45pm-8:15pm	14yrs+	\$215
Mon-Wed	6/15-6/29	1:30pm-5:30pm	14yrs+	\$235
Tu-Thu	6/23-6/25	12:00pm-4:00pm	14yrs+	\$235
Sun	7/15-7/17	4:30pm-8:15pm	14yrs+	\$225
Tu-Thu	8/3-8/17	1:30pm-5:30pm	14yrs+	\$235
Fri	8/5-8/7	4:00pm-8:00pm	14yrs+	\$235
	8/22-9/5	3:30pm-7:30pm	14yrs+	\$235

