



NEWPORT BEACH FIRE DEPARTMENT

Public Information Officer
100 Civic Center Drive
Newport Beach, CA 92660
Phone: 949-644-3381

FOR IMMEDIATE RELEASE

PRESS RELEASE #26-001

Newport Beach Fire Department Announces 2026 Seasonal Ocean Lifeguard Tryouts

January 14, 2026

NEWPORT BEACH, Calif. — The Newport Beach Fire Department, through its Lifeguard Division, will host competitive tryouts for the position of Seasonal Ocean Lifeguard on Saturday, January 24, 2026. Applicants were encouraged to apply by the January 13, 2026 deadline, and over 157 applications were received.

Qualified applicants will be invited to compete in a 1,000-meter ocean swim and 1,000-meter run-swim-run on Saturday, January 24, 2026. The top finishers will be invited to interviews tentatively scheduled for the following week.

Selected candidates will move forward in the City of Newport Beach hiring process, which includes a physical examination and background check.

After completing the hiring process, candidates attend a 119-hour training academy held on weekends in March and April 2026. Training includes ocean rescue prevention and techniques, city municipal codes and policies, CPR, and first aid.

Tryout Schedule:

- **8:30 a.m.**: Check-in at the Benjamin M. Carlson Lifeguard Headquarters, located at Newport Pier. No new applications will be accepted at this time.
- **9:00 a.m.**: 1,000-meter ocean swim begins.
- **10:00 a.m.**: 1,000-meter run-swim-run begins.

For additional details or questions, please contact the Newport Beach Lifeguards at (949) 644-3047 or visit newportbeachca.gov/jobs.

Media inquiries: Members of the media who wish to attend the event or require further information are encouraged to contact the Newport Beach Fire Department at PIO@nbfd.net.

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